



# Ohio's Project AWARE



## May is Mental Health Awareness Month

**There is no better time to increase awareness of mental health and make a difference in our communities.** In this spirit, we would like to share with you information from Project AWARE Ohio, which is led by the Ohio Department of Education's Office for Exceptional Children in conjunction with partners from the Ohio Mental Health Network for School Success (OMHNSS) and Center for School-Based Mental Health Programs (CSBMHP) at Miami University. Project AWARE Ohio is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). In honor of Mental Health Awareness Month, we have developed a series of 4 (weekly) e-newsletters highlighting our work statewide and in each of our three partnering counties (Cuyahoga, Warren and Wood counties).

### **Project AWARE Ohio's Mission and Vision (in partnership with the Healthy Schools and Communities Resource Team):**

To help local community collaborations improve the health, well-being, and educational needs of children and families, so that children and families will be socially, emotionally, and behaviorally resilient and productive citizens. For more information about Project AWARE resources, please visit: [Ohio Department of Education's Project AWARE Ohio webpage](#)

**Please Give us Feedback on our Resources!** We need your help! Please complete [this brief survey](#) to give us feedback on the Ohio Project AWARE information briefs you may have received over the past year (or reviewed at the above website). We want to assess what you liked about the information briefs, what you didn't like, as well as what may have prevented you from viewing the information briefs. This survey is very brief and will help us improve our future resources. Thank you! [https://miamioh.qualtrics.com/jfe/form/SV\\_cHfMlpG0xgSK1St](https://miamioh.qualtrics.com/jfe/form/SV_cHfMlpG0xgSK1St)

## Youth Mental Health First Aid

**Project AWARE Ohio offers YMHA trainings throughout Ohio. Youth Mental Health First Aid is the help offered to a young person developing a mental health problem or experiencing a mental health crisis.** The first aid is given until appropriate treatment and support are received or until the crisis resolves. Youth Mental Health First Aid classes are being offered to adults who work with and/or live with adolescents age 12-18.

For more information about YMHA classes, please contact **Kathy Oberlin**, director of the **Ohio Mental Health Network for School Success**, at [oberlink2@gmail.com](mailto:oberlink2@gmail.com) or (330) 697-3899; **OMHNSS** website: [www.omhnss.org](http://www.omhnss.org)  
**Center for School-Based Mental Health Programs** website: <http://www.miamioh.edu/csbmhp>  
Please see attached document for more information about the Ohio Mental Health Network for School Success.

### Children's Mental Health Awareness Day

May 5th is Children's Mental Health Awareness Day

On May 5, 2016, from 7 to 9 p.m. ET, the SAMHSA will host a national event in Washington, DC, to observe National Children's Mental Health Awareness Day. This event will explore how communities can increase access to behavioral health services and support for children, youth, and young adults who experience mental or substance use disorders. This event also will be webcast.

**If you would like to join the event, please register at:**

<https://nvite.com/HeroesofHope>

